

Twinkle Stars

Daily Schedule

7:45 am. – 8:30 a. m.	Arrival /Breakfast/quiet activities Potty break/Diaper Check
8:30 am. – 9:45 am.	Outdoor time/ 15 minutes PA
9:45 am. – 10:30 am.	Circle Time /Storytime /10 minutes PA (Blocks/puzzles/manipulatives/Music & movements)
10:30 am. – 11:15 am.	Walk to the garden/10 min of PA
11:15 am. – 11:45 am.	Lunch Time/Diaper Change
11:45 am. – 12:00 am.	Clean up/Potty break/Hand Washing
12:00 pm. – 2:00 pm.	Nap Time
2:00 pm. – 2:30 pm.	Diaper check/ Potty break /Nap clean up
2:30 pm. - 3:00 pm.	Snack Time (Wash hands/Restroom)
3:00 pm. - 3:45 pm.	Outdoor Time/ Playground/ 10 minutes PA
4:00 pm. – 4:45 pm.	Potty break /Circle time/15 minutes PA (Sign Language/Spanish/Dance/Songs/Story)
4:45 pm. – 5:00 pm.	Diaper Checks/Hand washing
5:00 pm. - 5:30 pm.	Center play/ Departure

- 60 minutes of Daily Physical Activities
- Diapering/Potty breaks as needed throughout the day along with the schedule