



MOON EXPLORERS DAILY SCHEDULE

7: 45-9:00a.m.

Breakfast style snack/Center Play

(Movement Greeting - 5 minutes PA)

9:00-9:30a.am.

Individual Learning time/Center play

(Self-directed physical activities/dress up/imaginary Play - 20 minutes)

9:30-10:00a.m.

Circle time: date, days of the week songs, letter of the day (thinking of words starting with the letter, rhyming words, weather, counting, Spanish, sign-language, alphabet with letter sounds, and books) Dance/ Stretching/group games – 15 minutes PA

10:00-10:30a.m.

Outside play (Practicing gross motor & social skills/ running lapse/class exercise – 15 minutes PA)

10:45-11:00a.m.

Clean up and hand washing for lunch

(Fun Line March- 5 minutes PA)

11:00-12:00p.m.

Lunch at Pavilion

12:00-2:00p.m.

Naptime/Rest time

2:00-2:40p.m.

Snack time (Put mats away/Fold blankets/ Individual cleaning & storing items – 5 minutes PA)

2:40-3:00p.m.

Circle Time (Music & Movement - 5 minutes PA)

3:00-3:45p.m.

Individual learning and center free play (Clean up / Self-directed physical play - 15 minutes PA)

4:00-5:00p.m.

Outside play at playground

(Group movement: Jumping Jacks/Frog Hops/Red light-green light - 15 minutes PA)

5:00-5:30p.m.

Quiet activities/story books/clean up the room/Departure

* Please note that the schedule is subject to change due to any different circumstances and inclement weather.

* 90 Minutes of Daily Physical Activities.

