

Sun Moon and Stars Learning Center

Sunshine January Lesson Plan: Winter

*All Sensory and Art activities are done in smaller supervised groups to prevent choking!

<p>Books we are reading:</p> <ul style="list-style-type: none"> *Grande Pequena *Let's go swimming; A polar bear story *My first Opposites *Let's Share 	<p>Music and Movement:</p> <ul style="list-style-type: none"> *Jingling Bells and Dancing together *Singing Soy un Muneco de Nieve *Singing Quien Este Feliz *Singing Frosty the Snowman 	<p>Language Development (Communicating with Others):</p> <ul style="list-style-type: none"> *Tummy talk with teachers *Roll a ball to each other with word repetition; "Share the ball with..."
<p>Cognitive Development (Discovering the world around me):</p> <ul style="list-style-type: none"> *Showing a variety of toys for object permanence *Peek-a-boo with toys 	<p>Social Development (Interacting with others):</p> <ul style="list-style-type: none"> *Pointing to friends and calling them by name *Tummy talk with friends 	<p>Emotional Development (Learning about me):</p> <ul style="list-style-type: none"> *Sharing toys with teachers and friends with happy reinforcement *Happy and Sad Penguin cut outs.
<p>Sensory Exploration (Exploring the world around me):</p> <ul style="list-style-type: none"> *Exploring Cool Whip *Feel and explore ice cubes *Play with cooked noodles 	<p>Art Activities:</p> <ul style="list-style-type: none"> *Paint with ice cubes *Painting in Diapers; Color mixing blue and white paint * Handprint snowflakes 	<p>Fine Motor Skills (Hand-Eye coordination):</p> <ul style="list-style-type: none"> * Tearing and crumpling paper to make "snowballs" *Stacking cups in different groups (e.g. by color, size, set, etc.)
<p>Gross Motor Skills (Complete whole body movements):</p> <ul style="list-style-type: none"> *Crawling to a favorite toy *Roll a ball to friends! 	<p>Spanish:</p> <ul style="list-style-type: none"> *Ice - Hielo *Cold - Frio *Ball - Pelota *Happy - Feliz *Sad- Triste 	<p>Sign Language:</p> <ul style="list-style-type: none"> *Ice *Cold *Ball *Happy *Sad